






March 2019 Sunrise Starters Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
					March 1 Pancakes with Syrup Pears
	March 4 Mini Chocolate Donuts* Peaches	March 5 Turkey Sausage & Cheese Breakfast Sandwich* Mixed Fruit	March 6 Mini Maple Pancakes* Pineapple	March 7 Parfait with Oatmeal Bar* (apple or strawberry) Applesauce	March 8 Cheese Omelet with Toast* Pears
	March 11 Mini Cinnamon Rolls* Peaches	March 12 Breakfast Boat* with Turkey Bacon & Scrambled Eggs Mixed Fruit	March 13 French Toast Sticks* with Syrup Pineapple	March 14 Eggs with Turkey Sausage & Toast* Applesauce	March 15 Yogurt Parfait with Strawberries & Honey Oat Goldfish Cracker* Pears
	March 18 SPRING BREAK	March 19 SPRING BREAK	March 20 SPRING BREAK	March 21 SPRING BREAK	March 22 SPRING BREAK
	March 25 Bagels with Cream Cheese Peaches	March 26 Mini French Toast* with Syrup Mixed Fruit	March 27 Cinnamon Rolls Pineapple	March 28 Chocolate Donuts Applesauce	March 29 Blueberry/Banana Muffins Pears

Additional Items Served Every Day:

- Assorted cereals*
- Blueberry and banana muffins*
- Bread*, Jelly, Margarine
- Fresh fruit
- Yogurt cups
- 100% apple juice and orange juice
- Skim and 1% white milk plus fat-free chocolate milk with no artificial growth hormones or antibiotics

*=Whole-grain item / ^=Item contains pork

Menu subject to change based on availability and quality of food items

Breakfast Buzz

Did you know that March 4th through March 8th is National School Breakfast Week? This year's theme is "Start Your Engines with School Breakfast."

Celebrate with us by eating school breakfast each day.

