

May 2019 Sunrise Starters Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
**			May 1 Mini Maple Pancakes* Pineapple	May 2 Parfait with Oatmeal Bar* (apple or strawberry) Applesauce	May 3 Cheese Omelet with Toast* Pears
**	May 6 Mini Cinnamon Rolls* Peaches	May 7 Breakfast Boat* with Turkey Bacon & Scrambled Eggs Mixed Fruit	May 8 French Toast Sticks* with Syrup Pineapple	May 9 Eggs with Turkey Sausage & Toast* Applesauce	May 10 Yogurt Parfait with Strawberries & Honey Oat Goldfish Cracker* Pears
***	May 13 Pancake *^ with Syrup Peaches	May 14 Cheese & Egg Croissant* Mixed Fruit	May 15 Cinnamon Raisin Bagel* with Cream Cheese Pineapple	May 16 Turkey Ham & Cheese on a Hawaiian Roll* Applesauce	May 17 Cheese Omelet with Toast* Pears
***	May 20 Eggs with Turkey Sausage & Toast* Peaches	May 21 Mini French Toast* with Syrup Mixed Fruit	May 22 Yogurt Parfait (strawberry or peach) & Honey Oat Goldfish Cracker* Pineapple	May 23 Bacon & Egg Breakfast Square* Applesauce	May 24 Pancakes with Syrup Pears
***	May 27 No School	May 28 CHEF CHOICE	May 29 CHEF CHOICE	May 30 NO SCHOOL	May 31 NO SCHOOL

Additional Items Served Every Day:

- Assorted cereals*
- Blueberry and banana muffins*
- Bread*, Jelly, Margarine
- Fresh fruit
- Yogurt cups
- 100% apple juice and orange juice
- Skim and 1% white milk plus fat-free chocolate milk with no artificial growth hormones or antibiotics

*=Whole-grain item / ^=Item contains pork
Menu subject to change based on availability and quality of food items

Breakfast Buzz

Eat a delicious school breakfast with us every day. Did you know it helps to enhance your brain power?

