



Eat locally.  
Impact globally.

# Lafayette Prep Lunch Menu • April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/2 Chicken Tortilla Soup <b>L</b> (OR: Vegetarian Soup) <b>V</b> Corn Tortilla Chips Fresh Orange Slices	4/3 Chili Mac <b>L</b> (OR: Veggie Chili Mac) <b>V</b> over Whole Wheat Spaghetti Green Salad with Ranch Dressing Fresh Fruit Salad	4/4 Grilled Cheese Sandwich <b>VL</b> Ranch Potato Wedges with Ketchup Fresh Grapes	4/5 Chicken Fried Rice (OR: Tofu Fried Rice) <b>VL</b> Cucumber Slices Fresh Apple Slices Chocolate Chip Cookie	4/6 Ham*, Egg, & Cheese Breakfast Burrito <b>L</b> (OR: Egg & Cheese Breakfast Burrito) <b>VL</b> Sweet Potato Wedges 100% Orange Juice
4/9 Broccoli Cheddar Soup <b>VL</b> Wheat Roll <b>L</b> Baby Carrots Fresh Orange Slices	4/10 Spaghetti and Meatballs <b>L</b> (OR: Vegetarian Meatballs) <b>V</b> Green Salad with Ranch Dressing Applesauce	4/11 Chicken Bacon* Ranch Wrap <b>L</b> (OR: Chicken Ranch Wrap) (OR: Tofu Ranch Wrap) <b>VL</b> Sautéed Green Beans Banana	4/12 Beef Nachos <b>L</b> (OR: Tofu Nachos) <b>VL</b> Corn and Tomato Salsa Refried Beans Fresh Pineapple Slices Oatmeal Raisin Cookie	4/13 Egg and Cheese Breakfast Sandwich <b>VL</b> Roasted Potato Wedges 100% Orange Juice
4/16 Corn Chowder <b>VL</b> Homemade Buttermilk Biscuit <b>L</b> Fresh Grapes	4/17 Fiesta Bowl with Chicken (OR: Tofu) <b>VL</b> Brown Rice & Black Beans Corn Salsa Fresh Pineapple Slices	4/18 Hot Dog* <b>L</b> (OR: Grilled Cheese Sandwich) <b>VL</b> Seasoned Broccoli Fresh Orange Slices	4/19 Cheese Pizza <b>V</b> Veggie Dippers with Ranch Fresh Pear Slices Homemade Brownie	4/20 Breakfast Platter with Scrambled Eggs, Wheat Toast, and Turkey Sausage <b>L</b> (OR: Yogurt) <b>V</b> Sweet Potato Wedges 100% Orange Juice
4/23 Beef Chili <b>L</b> (OR: Vegetarian Chili) <b>VL</b> Homemade Cornbread Veggie Dippers with Ranch Fresh Fruit Salad	4/24 Penne with Marinara <b>VL</b> Mozzarella Cheese Cubes Roasted Cauliflower Fresh Grapes	4/25 Turkey Sandwich <b>L</b> (OR: Veggie Sandwich) <b>VL</b> Creamy Coleslaw Grape Tomatoes Banana	4/26 Baked Chicken Tenders <b>L</b> (OR: Tofu Tenders) <b>VL</b> Honey Mustard Dip Wheat Roll <b>L</b> Seasoned Broccoli Fresh Apple Slices Cranberry Chocolate Cookie	4/27 French Toast with Strawberries <b>VL</b> Turkey Sausage Link Roasted Potato Wedges 100% Orange Juice

**V = Vegetarian Entrée (all side items are vegetarian) • L = Locally Grown or Raised • \* = Contains Pork**  
Milk is provided with all meals—student's choice of 1% or soy

Nearly all items are made from scratch in our kitchen. Menu items are subject to change due to seasonality or product availability.